

# Taipei Medical University Hospital

## Post-Bronchoscopy Instructions

- If you have already finished your exam today, and the bronchoscopy report has been uploaded in our hospital's database, please make an appointment at the cashier counter to view and discuss the report in the outpatient clinic.
- If you only had a bronchoscopy examination, please come back to the hospital during your appointed time given by your physician.
- If the biopsy is done, the pathological test results may take 5-7 working days. It is suggested that you follow a soft diet within 3 days after the procedure. Hot, spicy, hard and fried food must be avoided.
- After \_\_:\_\_ o'clock, you may try to drink a little bit of warm water. You may then eat a little at a time only if there is no indicator of choking/discomfort.
- If you were fasting before the exam, please consult with your physician whether you can start eating or not after accepting the endoscopy exam.
- You may have a slight sore throat or discomfort after the procedure. It may persist for up to 2-3 days. Gargling with warm water or normal saline can help relieve these symptoms.
- If you have taken a painless bronchoscopy procedure, you will be closely monitored at the recovery room until you are deemed stable enough to leave. Do not drive a car or ride a bike after the examination and please be careful of your steps

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- If the biopsy was done during the procedure, minor bleeding is normal. Please seek medical attention as soon as possible if you feel “persistent chest pain, fever, breathlessness, tachycardia, or coughing with heavy bleeding.

Contact Information

Telephone Number : +886 2 2737-2181ext.8646

Or visit emergency (outpatient) department directly

Producing unit/Date: Intergrated Medical Examination Center / February 2, 2026

PFS-0330-004

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